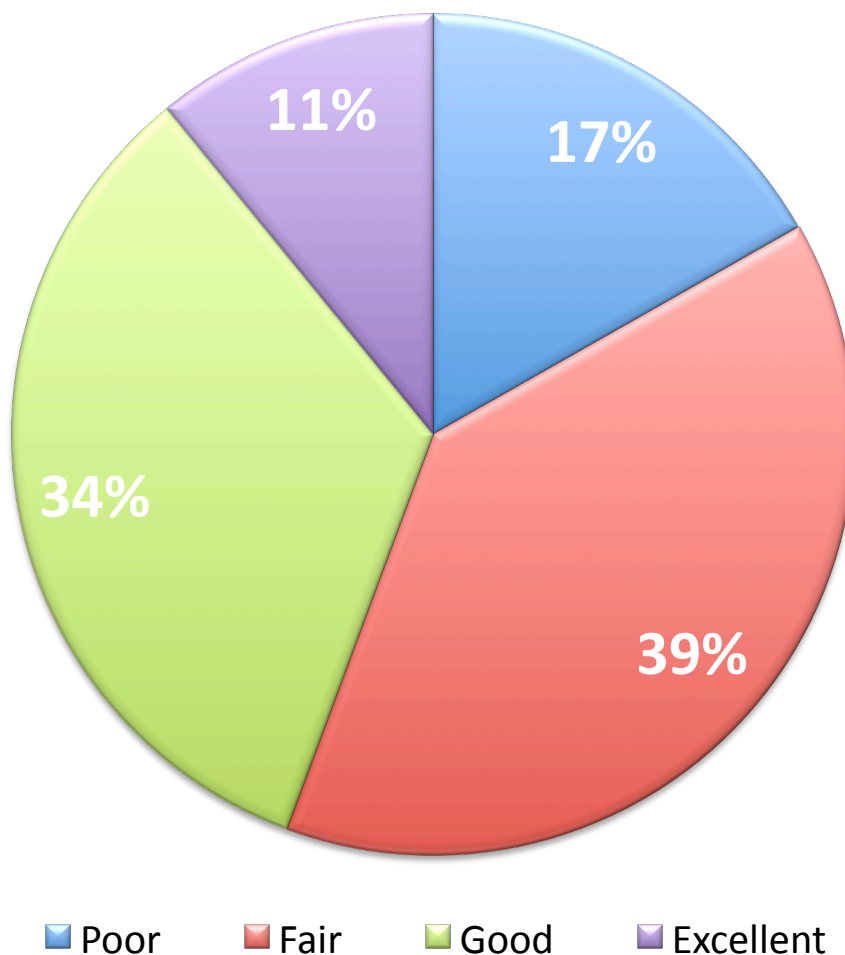


Only 1 in 10 Families Has “Excellent” Levels of Family Assets; Most Score “Fair” or “Good”



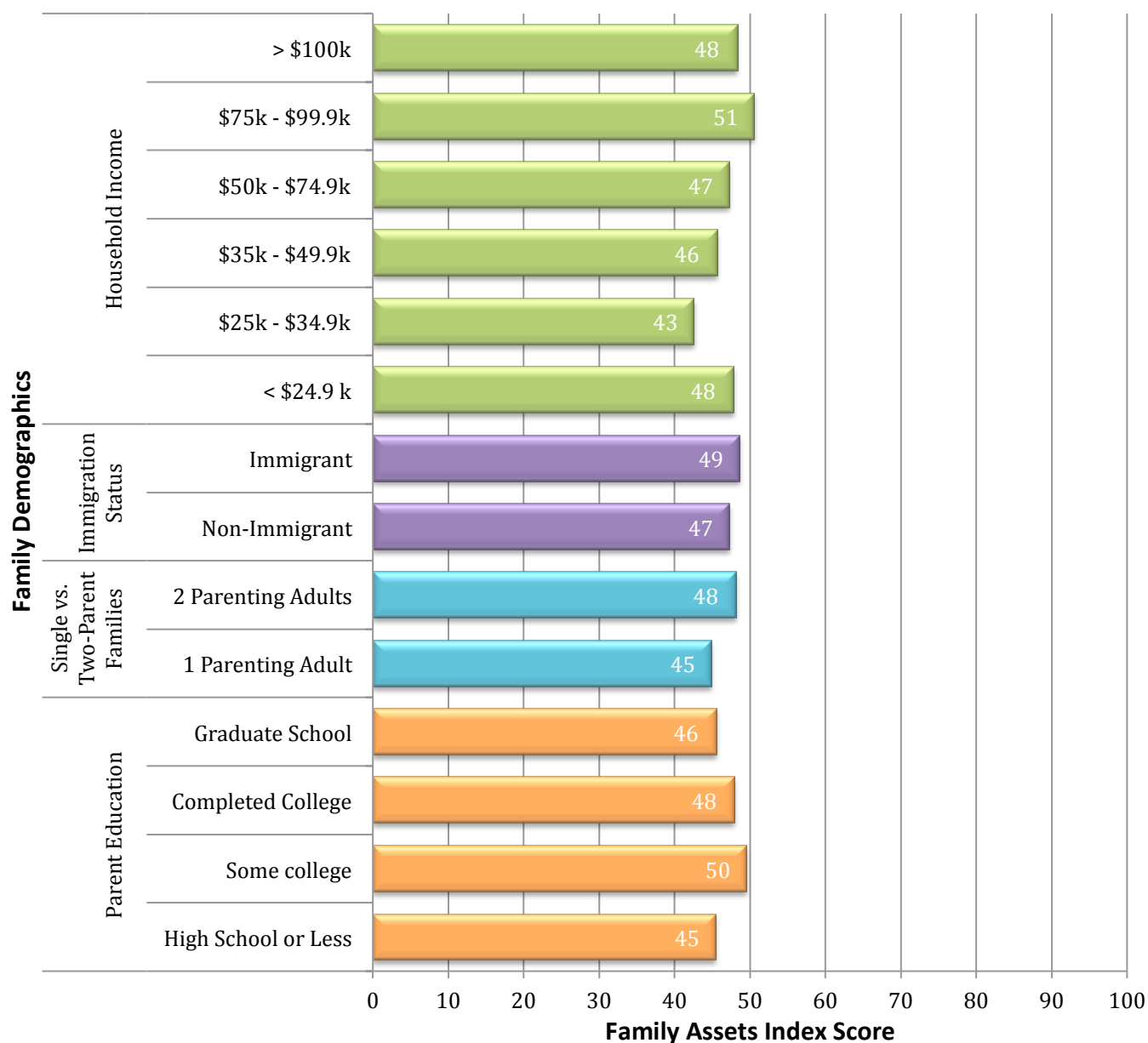
Most families in this study had “good” or “fair” levels of Family Assets, with only 11% scoring “excellent,” and 17% scoring “poor.” The average score was 47 out of 100.

Scoring: Poor = 0-25; Fair = 26-50; Good = 51-75; Excellent = 76-100

THE AMERICAN Family Assets STUDY

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Overall Levels of Family Assets Vary Little Based on Family Demographics (Scale = 1 to 100)



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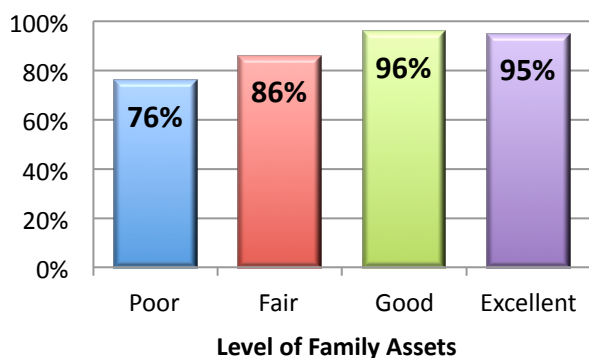
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Youth who Experience Higher Levels of Family Assets Have More Positive Attitudes and Behaviors

Levels of Family Assets:

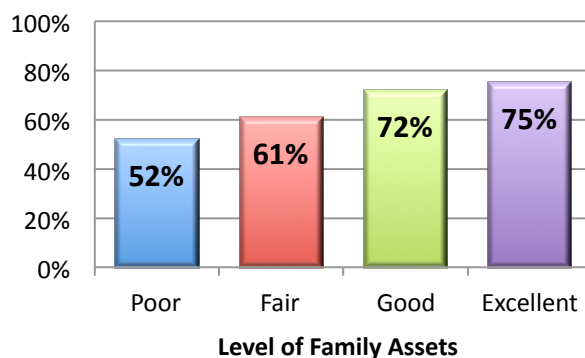
Poor = 0-25; Fair = 26-50; Good = 51-75; Excellent = 76-100

Work Hard in School



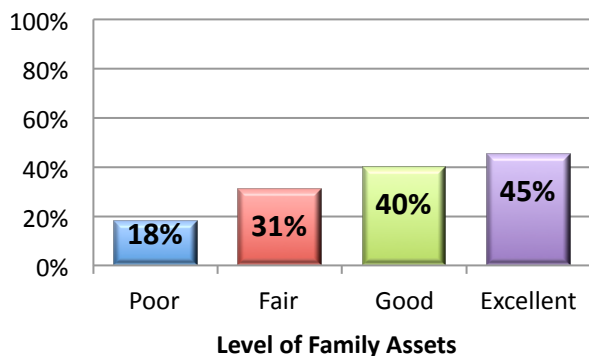
At school I try as hard as I can to do my best work.
(Percent agree or strongly agree.)

Adequate Sleep



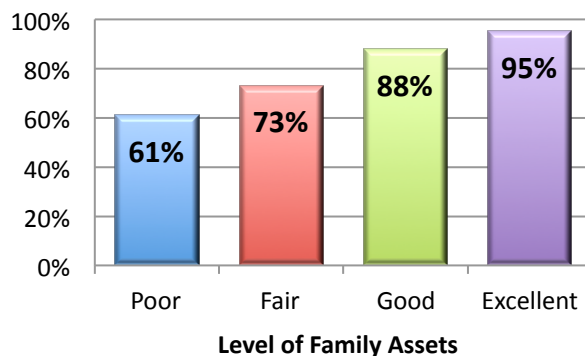
Sleep at least eight hours per night,
six days per week.

Healthy Diet



Eat whole grains (such as cereal, whole wheat bread,
at least six days per week.

Make a Difference



I believe I can make a difference in my community.
(Percent agree or strongly agree.)

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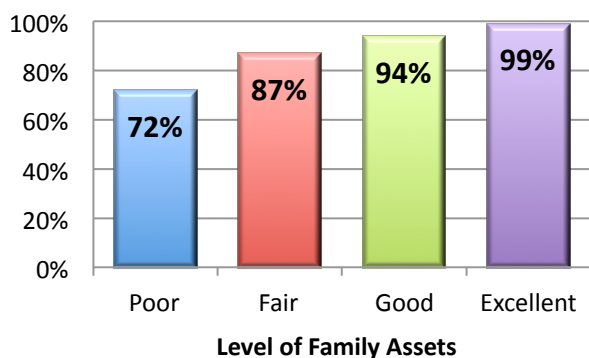
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Parents who Experience Higher Levels of Family Assets Have More Positive Attitudes and Behaviors

Levels of Family Assets:

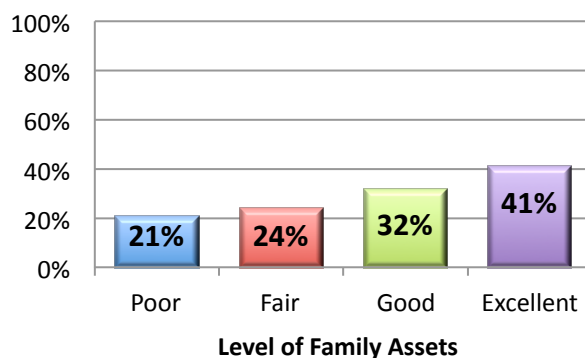
Poor = 0-25; Fair = 26-50; Good = 51-75; Excellent = 76-100

Life Satisfaction



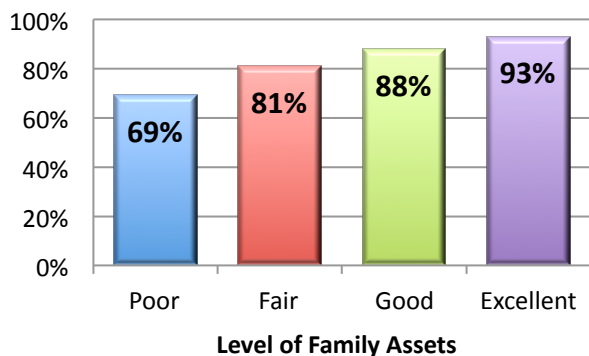
General happiness with life.
(Percent happy or very happy.)

Relaxation



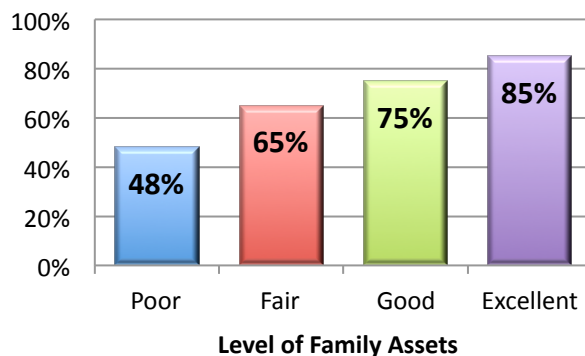
Take time to relax,
six days per week.

Helping Neighbors



I have done things to help people in my neighborhood.
(Percent agree or strongly agree.)

Vote in Elections



Vote in public elections.
(Percent often or very often.)

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