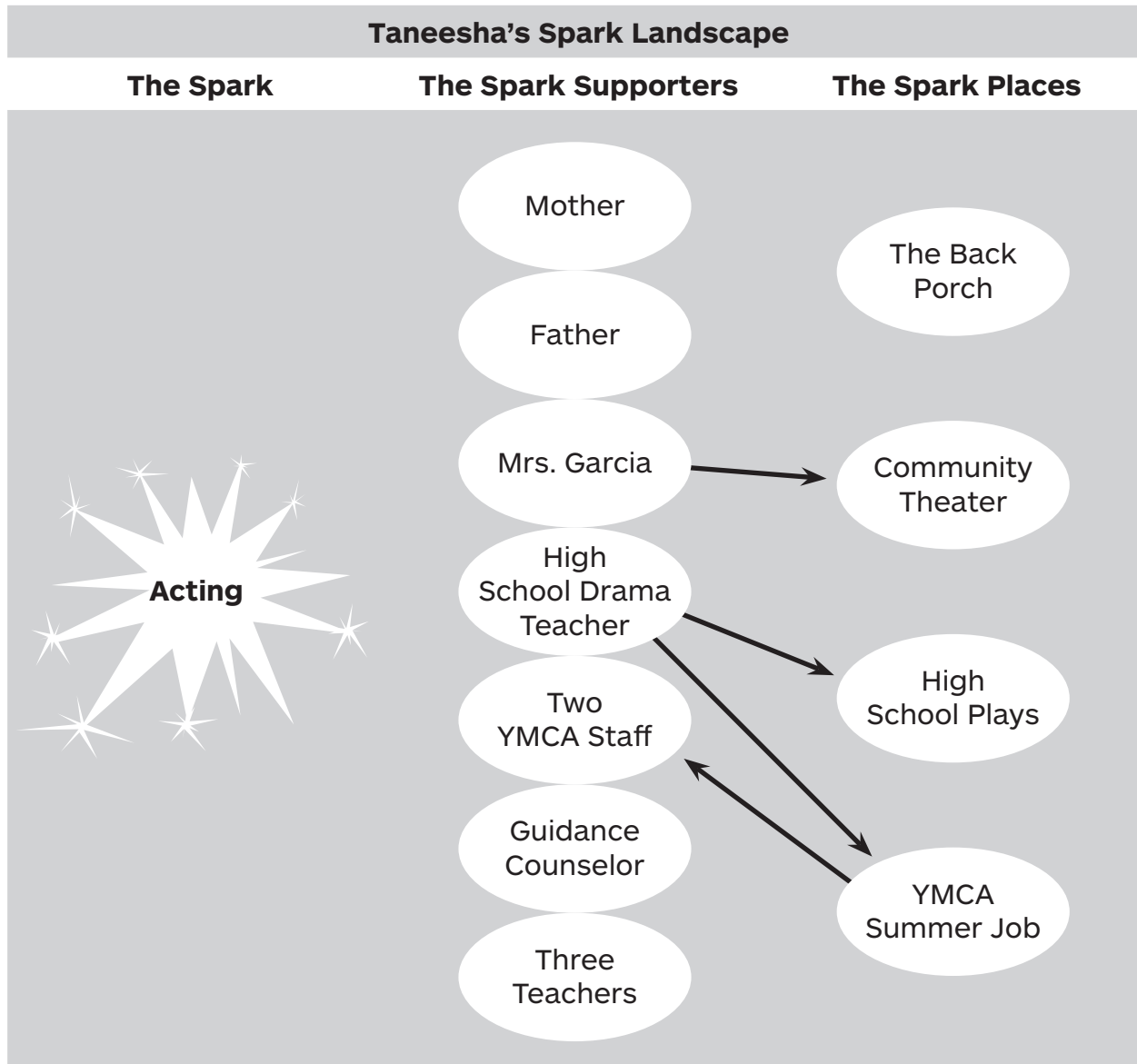The following is a chart of the spark landscape of Taneesha, a teenager from upstate New York. In this chart, we see that her spark is acting, and several individuals who support her spark have been identified. Finally, the places where the spark is developed or expressed are included, with connections drawn to the associated spark supporters.

Taneesha's Spark Landscape

The Spark	The Spark Supporters	The Spark Places

GREAT THINGS THAT COME FROM DEVELOPING THIS SPARK

- Believing in herself
- Focus
- Ambition
- Gratefulness
- Opportunity to give back

Use the following diagram to chart your own spark landscape. In the starburst in the left column, write your spark. In the circles in the middle column, name the individuals who help and support you in the pursuit of your spark. In the circles in the right column, write the places where you work on your spark. Finally, if your spark supporters help you explore or develop your spark in any of the places you listed, draw arrows between the supporters and the corresponding places.

_____'s Spark Landscape

The Spark	The Spark Supporters	The Spark Places

GREAT THINGS THAT COME FROM DEVELOPING THIS SPARK

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-
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Adapted from *Sparks: How Parents Can Help Ignite the Hidden Strengths of Teenagers*, by Peter L. Benson (San Francisco: Jossey-Bass, 2008).